



### PRODUCT HIGHLIGHTS

**NITRIX is designed to support and enhance:**

- Muscle Fullness, Vascularity and Whole-Body Pumps
- Sustained Increases in Nitric Oxide (N.O.) Production
- Muscle Strength, Power, Endurance and Overall Work Capacity
- Blood Flow to Muscle Tissue
- Removal of Fatigue-Associated Waste Products from Muscle
- Calorie Partitioning ("pushing" calories into lean muscle and away from fat stores)

### PRODUCT SPECS

**Use Classification:** A.M. to P.M. Vaso-Muscular Volumizer

A.M. to P.M. Nitrix Oxide (N.O.) Support

**Product Category:** A.M. to P.M. Vaso-Muscular Volumizer

A.M. to P.M. Nitrix Oxide (N.O.) Support

**Flavor:** NA

**Size/Count:** 180/360

**Form:** Tablet

**Minimal Cycle Length:** 6 weeks

**Optimal Cycle Length:** 12 weeks

**Recommended Cycle Off Length:** 4 weeks

**Stack With:** N.O.-Xplode, Cellmass, Axis-HT, ThermoneX, Cheaters Relief, SynthA-6 or True-Mass

### PRODUCT CONSISTS OF:

NITRIX is intended to serve as the foundation to any program of dietary supplementation, nutrition, or exercise used by healthy persons.

N.O. is produced in the body from the amino acid arginine. Arginine is present in the diet (especially protein-containing food) and is produced by the body. A number of other compounds (so-called "co-factors") are required to convert arginine into N.O.. These are included in NITRIX.

Among other roles, N.O. is involved in the opening, or dilation, of blood vessels (i.e. vasodilation). Vasodilation permits more blood to flow into tissues such as skeletal muscle. Blood-filled muscles may appear larger, fuller, and more vascular. Enhancing blood flow also supports better delivery of oxygen, nutrients, and anabolic (growth-supporting) substances, and removal of fatigue-associated metabolic by-products.

NITRIX users report prolonged pump-like sensations (harder, fuller muscles), greater endurance and reduced muscle soreness.

#### NITRIX consists of:

**CRTS™ (Critical-Release Technology and Support system):**

**Methocel®:** Methocel is a micro-polymer hydrophilic ether matrix.

**L-Arginine Alpha-Ketoglutarate (AKG):** Arginine is a conditionally essential amino acid and a precursor to nitric oxide (N.O.). Science suggests that chemically bonding AKG to arginine may enhance its conversion into N.O., thereby increasing blood N.O. levels.. N.O. stimulates vasodilation (i.e. opening of blood vessels) and may be involved in the muscle growth (hypertrophic) response to exercise.

**Di-Calcium Phosphate, Di-Potassium Phosphate, Di-Sodium Phosphate:** Phosphates are used to enhance muscle phosphocreatine levels, strength, and endurance. Calcium, sodium, and potassium are all involved in the regulation of muscle force generation.

**CEM3™(Creatine Ethyl Ester Malate):** CEM3™ is made by a patent-pending process exclusive to BSN. This process ensures greater creatine stability. Less stable forms of creatine will suffer greater conversion into creatinine, a waste product, upon entering the acidic environment of the stomach. CEM3™, in contrast, is designed to avoid this fate. CEM3™ users therefore do not have to "load" with large amounts of creatine. This reduces the chances of stomach upset and bloating.

**L-Citrulline:** Citrulline is an amino acid that may be converted in to arginine. It is considered the body's "preferred" precursor to arginine for N.O. generation.

**NAD (Nicotinamide Adenine Dinucleotide):** NAD is added to NITRIX to support the function of nitric oxide synthase (N.O.S.), the family of enzymes responsible for converting arginine into N.O..

**Folic Acid:** Folic acid (a.k.a. vitamin B-11) is added to NITRIX to support the function of N.O.S.. Dietary supplementation with folic acid may also help maintain homocysteine levels already in the normal range. Adequate homocysteine promotes a healthy cardiovascular system.

**NITRIX supports the following segments of the BSN Supplement Pyramid™:** Muscle Support, Performance Support, Recovery Support. For more information, visit [www.BSNOnline.net](http://www.BSNOnline.net)

Methocel® is a registered trademark of the Dow Chemical Company.

#### SUPPLEMENT FACTS

Serving Size: 3 Tablets  
Servings Per Container: 60

	Amount Per Serving	% DV*
Vitamin B9 (Folic Acid)	200mcg	50%
L-Arginine Alpha Keto-Glutarate (AAKG)	3000mg	**
CRTS2 (CONTROLLED RELEASE TECHNOLOGY & SUPPORT SYSTEM)1791mg		**
Methocel™ (Micro-Polymer Hydrophilic Ether Matrix)		**
Phosphoplexx™ (Di-Calcium Phosphate, Di-Potassium Phosphate, & Di-Sodium Phosphate)		**
CEM3™ (Creatine-Ethyl-Ester-Malate) Patent Pending		**
L-Citrulline		**
NAD (Nicotinamide Adenine Dinucleotide)		**

\*Percent Daily Values are based on a 2,000 calorie diet. / \*\*Daily Value Not Established

Other Ingredients: Magnesium Stearate, Stearic Acid

**WARNING:** Before consuming NITRIX™ seek advice from a health care practitioner if you are unaware of your current health condition or have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke; heart, liver, or thyroid disease; anxiety, depression, seizure disorder, psychiatric disease, diabetes, pernicious anemia, difficulty urinating due to prostate enlargement, or if you are taking an MAO inhibitor or any other medication. Do not use if you are pregnant, nursing, prone to dehydration, or exposed to excessive heat. Reduce or discontinue use if sleeplessness, tremors, dizziness, nervousness, headaches, or heart palpitations occur. Combining NITRIX™ with alcohol may increase the risk of low blood pressure (hypotension) and/or low blood sugar (hypoglycemia) particularly in the fasted state. NITRIX™ is only intended to be consumed by healthy adults 18-50 years of age. Keep out of reach of children and pets.